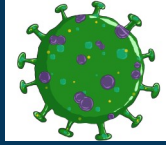


www.rmccs.org



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ROCKY MOUNTAIN CLASSICAL ACADEMY Newsletter

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Front Office Hours
7:30am— 4:00pm

Attendance email:
Nancetta Westcott
nwestcott@rmccs.org

Front Office: 719-622-8000
Fax: 719-622-8004

What another great week we have had. I would like to thank our leadership team for doing everything they can to keep our students safe and in school. As we are working through these restrictions, your diligence and communication have allowed us to keep exclusions to a minimum. Please continue to partner with us as we make it through these tough decisions. Just a couple of quick announcements:

Please make sure you are turning in your intent to enroll forms. These are very important for RMCA to track our projected enrollment for next year and allow us to plan for the best educational experience possible for as many students as we can.

Please share some positive thoughts about your teachers and school by emailing shoutout@rmccs.org.

Please continue to complete symptom checks at home before school every day and keep any students home who are feeling ill. Continue to keep your teachers in the loop about illnesses in your home as this allows us to move quickly to ensure we are able to keep students in class.

We have seen an uptick in parents talking on the phone while in carpool. Please, when in carpool stay off your phone and follow the directions of the staff in the parking lot. This can become a safety issue very quickly.

Please make sure you are signing up for your parent conferences as those sign-up genius-es are emailed to you.

Continue to work on ST math and Lexia over the weekend. We are seeing great gains and want to keep it up.

Thank you for all you do and your grace with the school this year. Everyone is working so hard and we are looking forward to finishing the next couple of months strong. Please stay safe and warm. Have a great weekend.

Principal Mac

**Donations needed
in the Front Office!**

page 3



ABOUT RMCA

OUR VISION:

Creating culturally literate citizens who will impact their world for life, liberty, and justice.

OUR MISSION:

Rocky Mountain Classical Academy exists to support parents in developing citizens and characters who are equipped with a strong knowledge base and academic skills. The basis of this development is rooted in an academically rigorous, content-rich, classical educational program with Core Knowledge emphasis.



Process Champions



RMCA Captures Kids Hearts

Genuinely engaging our students is a pillar within the CKH program. There are several things we accomplish by implementing this step: we start the day with a positive greeting , affirm each students, welcome students into our class, and give them our full attention, first thing.

Send a Valentine Gram

Send to your child(ren), a teacher, or staff member



Valentine's Stuffed Animal

Candy Love Hearts, Sucker,
3oz Milk chocolate candy
Wooden Rose

\$5 each



Chocolates

2oz 5piece Chocolates
Valentine Sucker

\$2 each



Valentine Gift Card

Gift card and Message

\$6 each

To purchase,
please use our
online store at

www.rmcapto.org



To be delivered to their classroom on Thursday, February 11th

Donations

VOLUNTEERS

If you have not done so, please make sure you have completed the volunteer application. You must complete an application to volunteer or receive volunteer hours.

Click [here](#) to sign up.

**Due to COVID-19, please contact your teacher for work-at home projects.*

The front office needs water bottles & copy paper!!!

Donations are accepted for volunteer hours.

**One case of paper (2)
One case of water (1)**

Please bring item(s) to the front office. Hours will be logged accordingly. Thank you!



Elementary Class Picture Day

WEDNESDAY, FEBRUARY 3RD



RMCA Picture Day DETAILS



Students must be in uniform.



There will be no picture retakes.



Order forms were sent. Pay on Picture Day

Please e-mail any pictures
you have of your student
doing extracurriculars,
remote learning, or
schoolwork [here](#)!

« Yearbooks
on
SALE!

Deadline to order is
FEBRUARY 1ST!

Order
ONLINE



Link to order on [RMCA website](#) Order code **53180E**

Important Reminders

UNIFORMS

Uniforms make it easier for students to focus in class and promote a safe student culture not focused on style, brands, and fashion trends. Please make sure your student's shorts and skirts are long enough to meet the uniform policy guidelines. Shorts and skirts should be no shorter than 2" above the knee when sitting. You may use this link for further information on the [RMCA Uniform Policy](#). Students may "dress up" on occasions when special events are scheduled, ie: music programs, game days for athletes, picture days, etc. Rules for modesty and dress code still apply on these days. Skirts must be of school appropriate length, no strapless or spaghetti strapped tops, no tight or low-cut clothing, no heels greater than 1", etc. Thank you for helping us by having your child follow this policy!



MASKS

We will continue to follow the state recommendations for students and staff members on wearing masks and facial coverings. Students ten and younger may wear masks and facial coverings. Students eleven years and older and staff members must wear masks or a facial covering. We ask that students wear masks and facial coverings without words or images that could be scary for our younger students.



CELL PHONES

Students need to have their cell phones and turned off and put in their backpacks before they enter the building in the morning. If students have their cell phones out of their backpacks the phone will be sent to the office. Smart watches may be worn if used as watches. If smart watches are used to take pictures, record, text, or place a phone call they will be taken to the office. Parents will be called and will need to pick the phone or smart watch up from the front office.



WATER BOTTLES

Please send your child with a water bottle each day. The drinking fountains have been turned off and covered for student safety. We have a touchless water bottle filling station available near the gym if students need to refill their water bottle through the day. Parents have donated some water bottles for students who have forgotten to bring one.



COLD WEATHER

Colorado is known for its crazy weather! Be sure to watch the weather forecast and send warm coats for students on colder days. If it is too cold we will keep students in for inside recess, but want to give kids the opportunity to be outside and get their wiggles out as much as possible.

Important Reminders

ATTENDANCE

If your child will be absent, the best way to notify the school is to e-mail Nancetta at nwestcott@rmcacs.org. You may also call the school and press #1 to reach the attendance line.

If your child has to be out of school for a COVID-19 related absence, you can contact your child's teacher for daily work. If your child is keeping up with their daily work and you are communicating with the teacher on a daily basis, the absences will not count against your child's total number of absences. This can apply if your child has to be out of school for a COVID-19 exposure or if they test positive for COVID-19 and are able to do school work.

COVID-19 ATTENDANCE

PRESCHOOL

RMCA Preschool is currently enrolling the 3 to 5 year old classes for Fall! Please contact Melissa at mcornelius@rmcacs.org or 719-550-5440 for registration information. We also have a limited number of preschool spaces available for the remainder of this year. Contact Melissa for availability.

FAMILY NIGHT

January 28th, Prospective Family Night, has been **CANCELLED!**

LOST & FOUND

Please have your student(s) check lost and found. Since we do not have a lot of space to host these items. Parents may come at 3:45 if you want to look for student items. **All unclaimed items will be donated FEBRUARY 11th!!!**

COVID: Information for Families

Stay Safe, Stay Well, With These Helpful Reminders

- ▶ Wash your hands often or use hand sanitizer if soap and water are not available. Yes, even when you are at home!
- ▶ Avoid being around people that don't live in your house. Many people get sick being around people that they know. Limit contact to 15 minutes or less.
- ▶ Continue with social distancing (6 feet), just like at school.
- ▶ Wear a mask when you leave home, and when you are around people that don't live in your house.
- ▶ Help out with cleaning at home – disinfect items that others might touch, such as counter tops, tables, door knobs, light switches, handles and drawer pulls, toys, personal items, and surfaces in the car too.
- ▶ Don't share eating utensils, cups or glasses, or drink containers such as water bottles or juice boxes.
- ▶ Open windows at home when the weather is good. Fresh air is important.
- ▶ Consider getting a flu shot soon – contact your medical provider for information.

Monitor Your Whole Family for Symptoms Daily:

- Monitor all family members for fever or other symptoms of illness, while at home or before leaving home. Take everyone's temperature with a reliable thermometer.
- If your student has any symptoms (even one symptom), they should not be going to the school, to small group instruction, or to special services for any reason. Notify the school immediately and keep your child at home.
- Any of the symptoms listed are possibly COVID-19. It is not possible to tell the difference between COVID and any other illness such as a cold, the flu, seasonal allergies or other illness, without a COVID PCR test. Some people have COVID and have only Minor Symptoms. Some people don't have any symptoms and still test positive for COVID. You might not know if someone has COVID or does not have COVID.
- Symptoms of COVID can appear 2 to 14 days after exposure to the virus. A COVID positive person can share the virus 2 days (48 hours) before they have any symptoms.

COVID-19 Symptoms

CRITICAL SYMPTOM	MAJOR SYMPTOMS	MINOR SYMPTOMS
Loss of taste or smell	<ul style="list-style-type: none">• Feeling feverish, having chills, temp of 100.4F or more• New or unexplained persistent cough• New or unexplained shortness of breath or difficulty breathing	<ul style="list-style-type: none">• Sore throat• Runny nose or congestion• Muscle or body aches• Headache• Fatigue• Nausea, vomiting• Diarrhea

EMERGENCY COVID-19 WARNING SIGNS include: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face. Seek medical attention immediately by calling 911.

This list is not all-inclusive for Major, Minor, or Emergency Symptoms. Please consult your medical provider for any other symptoms that are severe or concerning. Your medical provider may want to discuss evaluation, testing or have other directions for you.

If Anyone in the Home has any Symptoms or is Sick:

Stay home! Avoid being around others. If symptoms last longer than 24-48 hours, contact your medical provider.
www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html

Where to get tested for COVID-19:

- ▶ www.ElPasoCountyHealth.org/covid-19-testing-information
- ▶ A PCR test is best. A rapid test for COVID-19 is only treated as accurate if it is a positive result. A rapid test might be negative because it's done too soon or too late to detect COVID. A PCR sample is sent to a lab for results.
- ▶ If there are no symptoms, it may be too soon to tell if COVID is present or not.
- ▶ It may take several days to get results back. While you wait, stay home and monitor symptoms. Avoid others.
- ▶ If anyone in the home has been tested for COVID, or has symptoms, it is best that everyone in the home stays home and waits for the test results. Or, separate the sick person from others as much as possible while waiting.

If Anyone in the Home Tests Positive for COVID-19:

- ▶ Please notify the school, or school nurse. Even if we are E-learning, it is very important that we accurately keep track of the number of cases in our community and those cases associated with our district buildings.
- ▶ If someone in the home is positive for COVID, everyone in the home must stay home and isolate or quarantine also. The decision for the exposed household members to isolate for 10 days, or quarantine for 14 days, is dependent on several factors.
- ▶ Please contact the school nurse for more guidance. The school nurse can provide you with information that you need to care for your family and protect the community.

For further guidance, contact your medical provider, El Paso County Public Health, or your school nurse.

This information provided by District 49 Nursing Services
www.d49.org/nursingservices

If you were advised to go into Isolation or Quarantine, would you know what to do?

www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf

- **Isolation** keeps someone who is infected with the virus away from others, even in their own home.
- **How long is Isolation?** 10 days to monitor for other symptoms and recover. Isolation is only 10 days, because you may have already had the virus 2-4 days before symptoms appear. Stay home and only go out if medically necessary.
- **Quarantine** keeps someone who might have been exposed to the virus away from others. It helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.
- People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department. Stay home and only go out if medically necessary.

- **How long is Quarantine?** 14 days to monitor for any symptoms. It takes 2-4 days after being around someone sick with COVID for symptoms to appear if you are infected.
- If you have been around someone who has COVID, you will be advised to Quarantine. If symptoms start during Quarantine when you have been around someone with COVID, you will need to start your own 10-day Isolation to monitor for other symptoms and to recover.
- **Note:** If quarantine begins at noon on Day 1, it ends at noon on the last day.
www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html

References:

- ◆ www.elpasocountyhealth.org
- ◆ <https://covid19.colorado.gov>
- ◆ www.cdc.gov
- ◆ <https://covid19.colorado.gov/cases-and-outbreaks-child-care-schools>

My Kid's Lunch

Extra Milk \$.60

Lunch \$2.95

Breakfast \$3.00

Adults \$3.70

FREE MEALS!

All meals are FREE to students until the end of the school year. At RMCA, we are invested in our students' health and are committed to offer healthy food to our students.

Monday 1/25/21	Tuesday 1/26/21	Wednesday 1/27/21	Thursday 1/28/21	Friday 1/29/21
<i>Cinnamon Raisin Bagel, Cream Cheese Whole Apple</i>	<i>French Toast, Syrup 100% Juice</i>	<i>Vanilla Yogurt Honey Granola Sliced Peaches</i>	<i>Cereal 100% Juice</i>	<i>Banana Bread String Cheese Applesauce</i>
Chicken Soft Tacos, Tortilla, Cheddar Cheese Pinto Beans Salsa Fruit Cup	WW Penne Pasta Beef Meat Sauce Steamed Broccoli Peach Crisp	Chicken Nuggets & Waffles, Syrup Home Fries Dried Fruit	Beef Sloppy Joe, Wheat Bun Steamed Corn Whole Fruit	Turkey Sandwich Whole Apple Potato Salad



Considering High School for My 8th Grader

Yes, it is THAT time, for RMCA 8th graders to be thinking about registration for next year's freshman year at high school! Here are some things to get you started down that road.

(My information is from the District 49 website. For other school districts, please go to their website to make sure you have their enrollment/registration information.)

1. What is your "zoned neighborhood high school?"
 - If you want your child to attend that school next year, you will still need to register at that school. (Even if it is a D49 school and though RMCA falls under D49, you will still need to register.)
2. What if I want my child to go to a different school than our zoned neighborhood high school?
 - If you are considering a high school that is NOT your zoned neighborhood high school, you will need to complete and submit a "School of Choice" application directly to that school. Once you have received approval, you will need to complete their enrollment application and find out about getting registered for classes.

Here are the steps to keep in mind:

1. School of Choice – Do you need acceptance from a school outside of your zone?
2. Enrollment/Registration – This application will need to be completed by all RMCA 8th graders for their high school. (For D49 schools, go to the District Enrollment Office website. Make sure you look over the documents you will need before enrolling.)
3. Registration for classes – This will be done directly through your new high school.

Don't wait for the last minute! Begin now!

Here are the links to District 49's information pages:

District 49: Registration Overview - <https://www.d49.org/Page/1780>

District 49: School of Choice Information - <https://www.d49.org/Page/1782>

District 49: Get Enrolled - <https://www.d49.org/Page/1781>

As our high schools get more information to me, I will be sending it out to families.

District 49's Enrollment Office Information

Falcon School District 49 Enrollment Office
Creekside Success Center
3850 Pony Tracks Dr, Colorado Springs, CO 80922
(719) 494-8911

Starting on Monday June 22, 2020 the District 49 central registration office at the Creekside Success Center is

Considering High School for My 8th Grader Cont'

COVID-19, we are encouraging everyone to register their children online by clicking [Here](#). Please read the instructions, and click the Online Registration link at the bottom. If you need assistance, our registration team is standing by to help walk you through the process. They can be reached by phone 719-494-8911, through LiveChat or by emailing registration@d49.org.

If you need help with registering your child, you can reserve a computer at the registration office by clicking the appointment link. Click here [Appointment link](#) to set up your appointment. If you need to register more than one child, please reserve more than one appointment but only one station. Plan on 30 minutes for the first child and reserve an additional 20 minutes per each child you are registering.

COVID-19 In Person Registration Procedures:

Effective June 22, 2020, and until further notice, the following procedures will be required for everyone who needs to come into Central Registration at the Creekside Success Center.

1. In person registration will require an appointment. They can be scheduled online by clicking [appointments](#) or by calling 719-494-8911.
2. Upon arriving for your appointment, please park on the south side of the building and enter through the main entrance near the flagpole.
3. Upon entering the building, you will need to wear a mask.
4. People with symptoms of COVID-19, or who have been in contact with someone who has symptoms of COVID-19 will not be allowed inside the building.
5. The waiting/play area, normally used to occupy children while parents are registering their child will be closed.
6. All people that come in as a group must stay together to ensure social distancing.
 - ♦ To follow the COVID-19 guidelines, our space is now limited. We are encouraging only the parent/guardian who is completing the registration to attend.

Please contact the school's Registrar directly for assistance with records requests, transcripts, report cards, proof of attendance, disenrollments or any other school questions.

Considering High School

DIRECTORY INFORMATION

District 49 and Partnering High Schools

Banning Lewis Preparatory Academy

Charter School (6-12)
719.638.3040
9433 Vista Del Pico Blvd
Colorado Springs, CO 80927
<https://www.blracademy.org/>

(No need to complete a School of Choice application. Go directly to BLPS to register.)

Falcon High School

High School
719.495.5520
10255 Lambert Road
Peyton, CO 80831
<http://d49.org/falconhigh>

Pikes Peak Early College

Early College (9-12+)
719.494.8924
6113 Constitution Ave
Colorado Springs, CO 80915
<https://www.d49.org/ppec>

Power Technical

Charter School (6-12+)
719.301.6200
2525 Canada Drive
Colorado Springs, CO 80922
<https://jamesirwin.org/power-tech/>

Sand Creek High School

High School
719.495.1160
7005 North Carefree Circle
Colorado Springs, CO 80922
<http://d49.org/sandcreek>

Springs Studio for Academic Excellence

Blended Learning School (3-12)
719.494.8940
6113 Constitution Ave
Colorado Springs, CO 80915
<http://d49.org/SSAE>

Vista Ridge High School

High School
719.494.8800
6888 Black Forest Road
Colorado Springs, CO 80923
<http://d49.org/vistaridge>

**Submit an
Anonymous
Report**

safe²tell Colorado

Make a Report. Make a Difference.



1-877-542-7233



Anonymously report anything that concerns or threatens you, your friends, your family or your community.
We are open 24/7, 365 to take reports.

Parents are key players in creating safer schools and communities. Safe2Tell Colorado provides the only anonymous way for students, parents and community members to report unsafe and risky behaviors before they grow out of control. Each year, Safe2Tell Colorado receives thousands of reports on bullying, cyber-bullying, suicide threats, mental health concerns, child abuse, substance abuse, violence, planned school attacks, and other concerning behaviors. Each concern reported to Safe2Tell Colorado allows for caring, concerned adults to effectively intervene in the life of a child or youth who is struggling.

Safe2Tell Colorado wants everyone to know - telling isn't "snitching." Telling is when you need to keep yourself or someone you know safe from threats, harmful behaviors or dangerous situations.

Not sure if you should use Safe2Tell? If you don't, who will? We need your help to improve your school and community. By calling, you can help stop a friend from committing suicide, get another student off drugs, or stop a bully from making other people miserable. If you have information about the following topics, please call.

To make a report, call 1-877-542-7233 from anywhere, 24 hours a day, seven days a week. The call is free. You may also make a report by clicking on the yellow conversation box adjacent to this paragraph that reads Submit a Tip or download the Safe2Tell mobile app on the [Apple App Store](#) or [Google Play](#). Remember, your identity is safe. No one will ask for your name or number. There is no caller id., no call tracing, no call recording and no call forwarding. We only want to hear your concern and try to help.

The anonymity of all Safe2Tell Colorado reports is protected by C.R.S. 07-197. This means the reporting party remains UNKNOWN by Colorado State Law.

My Kid's Lunch



Free Lunch!

FREE BREAKFAST & LUNCH FOR ALL CHILDREN AGE 1-18

Sunday's from 10:30 am to 11:30	Sunday's from 12:30 PM to 2 PM:
NUEVA VIDA CHURCH	BY GRACE COMMUNITY CENTER
801 N CIRCLE DR	737 DALE STREET
COS, CO 80909	FOUNTAIN, CO 80817

7 days Breakfast & Lunch w/gallon milk Per child

Boys Basketball Tryouts

Boy's Basketball Try-Out Info

Boys basketball tryouts will be held Monday-Wednesday of next week! We will have different times for different grade levels so please look closely below on when your child is supposed to show up. **Also, for this year we have to require a copy of a current physical before your child is able to tryout. The easiest way to submit this is to take a photo with your phone and email that to thumphrey@rmcacs.org.** Please make sure your child has a mask and a water bottle for tryouts. Students who tryout at a later time in the afternoon will not be able to stay after school until their tryout time. They will need to be picked up and brought back to the school. If you have any questions, please email Mr. Humphrey at thumphrey@rmcacs.org

Athletics Registration Link(different from Open Gym Signup):
<https://forms.gle/WrQVhZbm4K5b7bkHA>

Boys Basketball Tryouts:

- **Date:** Mon-Wed, 1/25-1/27
- **Time:** 6th Grade= 3:45-5:00pm, 7th grade= 5-6pm, 8th grade= 6-7pm
- **Location:** RMCA Gym
- **What you need:** Fill out Athletics Registration using the link below, Current Physical submitted, Basketball shoes, Water bottle, Mask

Students and coaches will be required to wear a mask at all times for tryouts and open gyms. Adequate breaks will be provided throughout

